



My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Nursery	Introduction to PE : Unit 1	Fundamentals : Unit 1	Gymnastics : Unit 1	Dance : Unit 1	Games : Unit 1	Ball Skills : Unit 1
Reception	Introduction to PE : Unit 2	Fundamentals : Unit 2	Gymnastics : Unit 2	Dance : Unit 2	Games : Unit 2	Ball Skills : Unit 2
Year 1	Dance Team Building	Fundamentals Gymnastics	Sending and Receiving Ball skills Sports Teach	Target Games Fitness	Invasion Games Net and Wall Games	Athletics Striking and Fielding Games
Year 2	Team Building Dance	Gymnastics Fundamentals	Sending and Receiving Ball Skills	Fitness Target Games	Invasion Games Net and Wall Games	Athletics Striking and Fielding Games
Year 3	Fundamentals OAA	Ball Skills Y3/4 Dodgeball	Dance Fitness	Netball Tennis	Gymnastics Flag football	Athletics Cricket
Year 4	OAA Hockey	Netball Dodgeball	Swimming Dance	Swimming Tennis	Flag football Gymnastics	Athletics Rounders
Year 5	Hockey OAA	Netball Basketball	Gymnastics Fitness	Tennis Cricket	Football Dance	Athletics Flag football
Year 6	OAA Gymnastics	Football Netball	Flag football Badminton Y5/6	Cricket Tennis	Rounders Dance	Athletics Swimming Hockey