



Belswains Primary School

PE Guidelines

Intent

Belswains Primary School believes that Physical Education (PE), experienced in a safe and supportive environment, is essential to ensure children attain optimum physical and emotional development and good health. We intend to deliver high-quality teaching and learning opportunities that inspire all pupils to succeed in physical education and in developing life skills. We want to teach pupils skills to keep them safe such as being able to swim. We also want to teach children how to cooperate and collaborate with others as part of an effective team, understanding fairness and equity of play to embed life-long values. Our curriculum aims to improve the wellbeing and fitness of all pupils at Belswains, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes

Implementation

In Key Stage 1 and 2, the long term plans set out the PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met. The Early Year Foundation Stage (EYFS) use the long term plans to ensure the EYFS Statutory Framework is met. Lesson plans are based on those from GetSet4PE, which teachers and coaches adapt to the needs of the pupils they are teaching.

Lessons are taught by a mixture of highly skilled teachers and coaches (including swimming instructors where appropriate).

Pupils are invited to attend competitive sporting events within the local area as part of the Decorum School Sports Network. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-being. These events also develop teamwork and leadership skills and are very much enjoyed by the pupils. We hold an annual inclusive House Sports Day, with the emphasis on participation and achievement for all.

In all Key Stages, consideration is given to how greater depth will be taught, learnt and demonstrated within each lesson, as well as how learners will be supported in line with the school's commitment to inclusion. Sessions are adapted to meet the needs of the class, and individuals, as necessary. Tasks are modified during the planning process, as well as during the sessions.

Impact

We help motivate pupils to participate in a variety of sports through quality teaching that is engaging and fun. From our lessons, our pupils learn to take responsibility for their own health and fitness,

many of whom also enjoy the success of competitive sports. We equip our pupils with the necessary skills and a love for sport. They will hopefully grow up to live happy and healthy lives utilising the skills and knowledge acquired through PE.

Assessment and Pupil Attainment

Assessment in PE is usually by instant verbal feedback, giving pupils the opportunity to immediately make corrections and practice skills in the correct manner.

Summative assessment is carried out during the second half of the summer term when teachers assess whether their pupils are working at pre-year group standard, working towards year group expectations, meeting age-related expectations or working at greater depth based on their performance and knowledge demonstrated.

Learning Resources

To ensure our pupils can develop, and practice, the skills needed to meet and exceed the National Curriculum requirements we provide a wide range of general and sports specific equipment. We believe that access to equipment should never be a barrier to pupils participating in sport.