
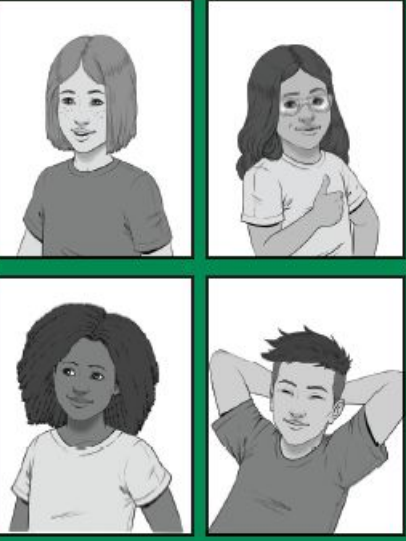




The ZONES of Regulation™

			
<p>BLUE ZONE</p>	<p>GREEN ZONE</p>	<p>YELLOW ZONE</p>	<p>RED ZONE</p>
<p>Sad Tired Sick Lonely</p>	<p>Happy Excited Ready to learn Proud</p>	<p>Frustrated Wiggly Worried</p>	<p>Angry Scared Out of control Hurt</p>