
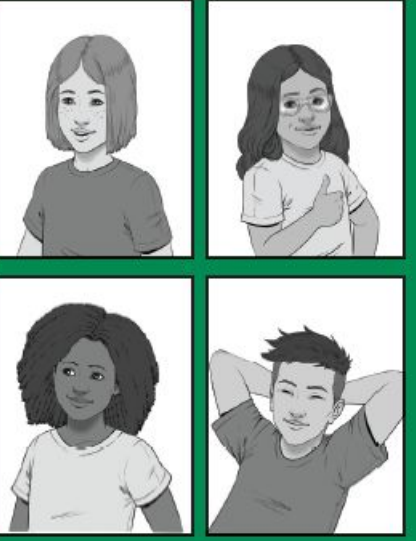




# The ZONES of Regulation™

			
<p>BLUE ZONE</p>	<p>GREEN ZONE</p>	<p>YELLOW ZONE</p>	<p>RED ZONE</p>
<p>Exhausted Sad Disappointed Sick Lonely</p>	<p>Ready to learn Excited Proud Cheerful Optimistic</p>	<p>Overwhelmed Anxious Nervous Irritated</p>	<p>Disappointed Jealous Scared Angry Frustrated</p>